

Images in Infectious Diseases

Primary iliopsoas abscess due to *Staphylococcus aureus* bacteremia

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A 17-year-old girl with poorly controlled type I diabetes mellitus presented with a 2-week history of fever and limping. She reported no history of previous trauma. On examination, there was reduced range of motion in the right hip and a positive psoas sign. The cardiovascular and lung examinations were unremarkable. Blood investigations showed leukocytosis ($25 \times 10^3/\mu\text{L}$). The chest radiograph and transthoracic echocardiography findings were normal. Because psoas abscess was suspected, CT of the abdomen and pelvis was performed, which revealed multiloculated rim-enhancing collection at the right iliopsoas muscle (**Figure 1**). She then underwent percutaneous drainage in which a copious amount of purulent material was drained. The blood culture revealed *Staphylococcus aureus* (sensitive to oxacillin and trimethoprim-sulfamethoxazole). In the ward, she was treated with intravenous cloxacillin 2 g every 4 hours for 2 weeks. One week later, the musculoskeletal ultrasonography showed a reduction in the size of the abscess. Her fever subsided, and the right hip pain started improving. Subsequently, she took oral trimethoprim-sulfamethoxazole for another 4 weeks, which had resulted in ultrasonographic resolution of the right iliopsoas abscess.

Iliopsoas abscess can be classified as a primary or secondary abscess. The former occurs as a result of hematogenous spread of an infectious process from an occult source, while the latter occurs when there is a direct spread of infection from an adjacent structure¹. The presenting features of iliopsoas abscess were non-specific, and the classic Mynter's triad of fever, pain, and limping is present in 30% of the patients^{1,2}. *S. aureus* and *Escherichia coli* are the most common causative organisms of primary and secondary iliopsoas abscesses, respectively³. Treatment of iliopsoas abscess involves the use of appropriate antibiotics along with abscess drainage¹. Iliopsoas abscess is a rare but serious complication of *S. aureus* bacteremia and should



FIGURE 1: Computed tomography (CT) of the abdomen and pelvis shows multiloculated rim-enhancing collections at the right iliopsoas muscle

be suspected in patients presenting with fever and limping. Early diagnosis and prompt treatment are crucial to a successful outcome.

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AUTHORS' CONTRIBUTION

CYC: Conception and design of the study, acquisition of data, drafting the article, final approval of the version to be submitted;
SCT: Acquisition of data, analysis and interpretation of data.

CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

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